



# Help by becoming a Dementia Friend

**Join a 1hr interactive informative session to learn more about dementia and how you can help support those affected in Jersey**



**This can help you with family members at work and in the community**



**Learn to help remove the stigma and make Jersey a truly dementia friendly island**



**The Dementia Friends programme is free of charge. Our aim is to transform the way people think, act and talk about dementia**

**Get in touch to learn more 01534 723519**





## How to book:

**Throughout Dementia Awareness Week 15-17th May  
we will have the following sessions running:**

**Santander Work Café, St Helier**

Monday 17th & Thursday 20th May 1-2pm



**Waitrose Café, St Brelade**

Tuesday 18th May 11am to 12pm



**Jersey Town Library, St Helier**

Friday 21st May 1-2pm

**Book your space now**

**01534 723519 | [info@dementia.je](mailto:info@dementia.je)**

**The Dementia Friends programme  
is free of charge and can be booked  
for private groups and businesses**

**Get in touch to learn more 01534 723519**

