

Dementia Pathway



**Guidance on Key Stages
of Dementia**



Notes

1. Dementia is an umbrella term used for the symptoms of many different conditions that affect the brain. The most common of these are Alzheimer's disease and vascular dementia, though these and others may affect people quite differently.
2. Dementia does not have a linear pathway but like many other life-limiting illnesses and long-term conditions it does have a start and an end.
3. This pathway considers not just the needs of the person with dementia, but also the carers, family and community and the many services involved in caring for and supporting a person in Jersey.

Services available

- GP
- Dementia Jersey's Dementia Advice team

- GP
- Memory Assessment Service (MAS)
- Social Work team
- Occupational Therapy
- Clinical Psychologist
- Adult/Older Community Mental Health team inc. doctors and nurses

- GP
- MAS's Post Diagnostic Support Group
- MAS's Cognitive Stimulation Therap Group
- Social Work team
- Occupational Therapy
- Clinical Psychology
- Community Mental Health team

- GP
- Social Work team
- Occupational Therapy
- Clinical Psychology
- Day Care Centre
- Community Mental Health team
- Professional care agency
- Long Term Care Scheme

- GP
- Social Work team
- Occupational Therapy
- Speech and Language Therapy
- Clinical Psychology
- Day Care Centre
- Community Mental Health team
- Professional Care Agency
- Care Home
- Long Term Care Scheme

Practical help and signposting will be provided by your undertaker.

Information about managing practical and administrative affairs is available at www.gov.je/lifeevents and from Citizens Advice Jersey.

Emotional support and counselling is available from Jersey Hospice Care.

Dementia Jersey support services

While our Dementia Advice team are not a diagnostic service we can listen to your concerns, offer support 1-1 and in groups, provide information and signpost to others.

Dementia Jersey offers a 1 hour 'Dementia Friends' session, a fuller information course, 1-1 advice, support groups, the Meeting Place Project for people recently diagnosed, and a range of activities for people with dementia and their family and friends. See our website, sign up for our newsletter, or drop into our office to find out more.

Dementia Jersey continues to offer our full range of support groups, training, events and activities for people with dementia and their family and friends.

Dementia Jersey understands that it may be difficult to know when professional help is needed so we are happy to support you in your decisions as dementia progresses.

Our services remain available to people with dementia and their family and friends.

Dementia Jersey's team will support a person with dementia through times of transition.

Their family and friends can continue to access Dementia Jersey's 1-1 and group support. The Counsellor can help you talk through the range of complex emotions you may experience.

Dementia Jersey will remain available to support you following the death of a person with dementia.

We can offer 1-1 support, counselling and host a support group for people who have been bereaved through dementia.

4. The six colour-coded elements described in this pathway embrace the complexities across the dementia journey from beginning to end.

5. The pathway will guide you on the range of support and services available throughout the journey.

6. Contact details for all the agencies to which you can self-refer are shown on the reverse of this document. Otherwise, referrals are via a GP or other health professional.

A Diagnosis of Dementia

Dementia is an umbrella term for a range of symptoms associated with many different conditions affecting the brain. Because these symptoms usually develop slowly it may be some time before a diagnosis can be confirmed. To do this, doctors usually arrange for their patients to have some tests, the results of which are carefully considered by a specialist doctor before they can determine a diagnosis. This may be for a specific brain condition, for example, Alzheimer's disease, or vascular dementia, but if the symptoms are mild, and no specific condition is identifiable, a person may be diagnosed with mild cognitive impairment (MCI), which is not a diagnosis of dementia.

Symptoms of Dementia

Because there are so many conditions of the brain that can lead to dementia, which usually have their own characteristic symptoms, and because symptoms can change over time, and be affected by people's other health conditions, it is very difficult to specify what symptoms a person is likely to have. Generally however, symptoms are likely to be mild initially, but over time may change, or a person may experience new symptoms, which may have an increasing impact on their life. These may include forgetting people's names or recent events or finding it increasingly difficult to manage the activities of daily living. People may also find it difficult to manage conversations, and may become anxious, agitated or depressed, and because our brains control all our body's systems, dementia can sadly affect a person's ability to eat, continence and mobility.

Dementia Jersey – Who we are and what we do

Dementia Jersey is a team of highly skilled professionals supported by trained volunteers. The charity provides:

- Information about dementia and what we can do to reduce our risk of developing dementia
- Support, advice and counselling for people with dementia and their family and friends
- A range of tailored therapeutic activities and events
- Support to family and friends following the death of a person with dementia
- Signposting to other sources of help and support available

Useful Contacts

Citizen's Advice:

t: 724942 or freephone 08007350249
e: advice@cab.org.je

Community and Local Services:

(Including Social Security)
t: 444444
www.gov.je

Government of Jersey:

www.gov.je

Home Care Agencies and Care Homes:

Details via Jersey Online Directory (JOD)
www.jod.je

Jersey Hospice Care:

(Bereavement Support)
t: 285144
e: bereavement@jerseyhospicecare.com

Long Term Care:

(Social Security)
t: 445505
e: longtermcare@gov.je

Judicial Greffe:

(for Power of Attorney)
t: 441300
e: JGRProtection@Courts.je

Memory Assessment Service:

t: 444830

Occupational Therapy:

t: 443068

Single Point of Referral (SPOR):

t: 444440
e: SPOR@health.gov.je

Speech and Language Therapy:

t: 444500

Contact us

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www.dementia.je